

Kidz Conference Services

300 Garden City Plaza, Suite 350
Garden City, N.Y. 11530
516 747-9030
www.kidztherapy.com

Parent Training Models For Special Needs Population Workshops

November 7 & December 4

Location:

**To Be Determined
(either Garden City or Westbury)**

Behavior Based Parent Training Model

Nov. 7, 2018 4:45 pm - 8:00 pm

Cognitive Based Approaches to Parent Training

Dec. 4, 2018 4:45 pm - 8:00 pm

Target Audience:

- Teachers
- School Leaders
- Social Workers
- Psychologists
- Occupational Therapists
- Speech/Lang. Pathologists
- Licensed Mental Health Counselors



Behavior-Cognitive Parent Training Model for Special Needs Populations

Course Descriptions: Parent training/counseling is a common service available for parents of children with special needs. There is a long history of behavior-based parent training models. In more recent years, the cognitive model of parent training and counseling have also been put forth and are gaining positive momentum. This workshop will provide a model of parent training that combines the core principles of applied behavior analysis and cognitive-behavior therapy. **Those versed in the behavior model or who have attended a behavior-based parent training workshop should only attend Part 2.**

Part 1: The Behavior Based Parent Training Model

November 7, 2018 4:45 pm - 8:00 pm

Presenter: Dr. Lenny Caltabiano, Psy.D., NCSP

Repeat offering from Summer 2015, February 2016, Summer 2017

Age Range: Preschool Elem MS HS

Level/Method: Intro/Intermediate; Lecture & Group Participation

The first portion of the workshop will present a behavior-based model of parent training for students with special needs, and review the core elements of positive behavior supports including the importance of understanding the primary functions of behavior and the four-term contingency of behavior development. Participants will be instructed in how to apply these models within the context of parent training. Specific case examples and scenarios will be presented to emphasize key concepts and strategies. Different strategies to better ensure parent follow through will also be reviewed.

Learning Objectives

- identify how to incorporate the four-term contingency into the parent training process
- describe the importance of educating parents about the primary functions of behavior
- identify at least 2 data collection procedures that parents can use to monitor their child's progress

Agenda

4:45 Introduction to Parent Training
5:00 Understanding Parent Stressors and Family Dynamics
5:15 Introduction to Behavior Model
5:45 Functions of Behavior and Four-Term Contingency Model 6:30 Break
6:45 Behavior Proactive Scenarios (ABC Sheets and Behavior Logs)
8:00 Part 1 session ends

Part 2: Cognitive Based Approaches to Parent Training

December 4, 2018 4:45 pm - 8:00 pm

Presenter: Dr. Lenny Caltabiano, Psy.D., NCSP

Repeat offering from Summer 2015, February 2016, Summer 2017

Age Range: Preschool Elem MS HS

Level/Method: Intro/Intermediate; Lecture & Group Participation

The basic premise of cognitive-based approaches will be reviewed, including unhelpful parent thought attributions and how to effectively dispute and restructure negative thoughts they express. Example scenarios and how the cognitive-model of parent training would address each will be provided. Thought interruption and redirection strategies will be reviewed and how to assist parents in developing a more optimistic thought process to the challenges they face. Parent homework strategies will be covered, particularly the use of a parent journal related to feelings, thoughts, and behaviors.

Learning Objectives

- identify parent attribution styles
- identify child attribution styles
- describe at least 3 ways of disputing pessimistic thought process in parents

Agenda

4:45 Introduction to the Cognitive Model
5:30 Unhelpful Thought Attributions
6:30 Break
6:45 Feelings, Thoughts, & Behavior Journal
7:30 Scenarios and Examples
8:00 Part 2 session ends

Biographical Information

Dr. Lenny Caltabiano, Psy.D., NCSP is a NYS Licensed Psychologist and Nationally Certified School Psychologist. He is currently the Director of Autism Behavioral Services at Kidz Therapy. Dr. Caltabiano specializes in the areas of Autism Spectrum Disorders and the assessment of cognitive abilities. He has presented at the national and local levels on these topics for school district administrators, teachers, psychologists, and para-educators. Dr. Caltabiano provides consultation and parent training services for children birth through 21. He has worked as a School Psychologist in a Nassau County school district helping to develop and operate an elementary and middle school program for students with autism and related disorders. Dr. Caltabiano has also worked at a specialized school and residential program for children with such needs and conditions.

Disclosure Information

Financial: Dr. Caltabiano is an employee of GEK, an affiliated company. He is receiving a speaker's fee for presenting this workshop. **Non-Financial:** There are no non-financial disclosures.

CEU Information

Kidz Conference Services, LLC is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers SW# 0147 (3 contact hrs. ea.)



Kidz Conference Services, LLC is approved by National Association of School Psychologists to offer continuing education for school psychologists. (3 NASP CPDs each)

Kidz Conference Services, LLC is approved by the New York State Education Department as a sponsor of Continuing Teacher and Leader Education (CTLE) #23368. (3 hrs. each)

Kidz Conference Services, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. MHC#-0118. (3 contact hrs. each)



Kidz Conference Services, LLC is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Provider #6021. (.3 CEUs each)
AOTA Classification: Domain of OT: Performance Skills



Kidz Conference Services is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Parent Training Models are each offered for .3 ASHA CEUs (Intermediate level, Professional area)

Important: This is a repeat of the sessions held during the Summer 2017, February 2016, and Summer 2017. You are not eligible for CEUs if you attended any of these sessions.

Course Information

Handouts – will be sent prior to the session; you are responsible for printing and bringing with you

Certificates of Attendance – To receive Continuing Education Credits & Certificates, participants **must be present for the entire session** and complete/return an evaluation form, including learning objectives.

Food & Beverages – will not be served; you are welcome to bring a drink/snack

Special Accommodations – Should you require a reasonable accommodation to attend, all such requests must be received no less than four weeks prior to the date of the conference via email to kidzconferenceservices@kidztherapy.com

Registration Information

COMPLETE BELOW – Early Bird Discount – sign up at least TWO weeks prior to the session; receive a discount.

	School Personnel & Professionals	
	Regular	Kidz/GEK Employees
<input type="checkbox"/> Behavior Based 11/7	<input type="checkbox"/> \$65	<input type="checkbox"/> \$55
<input type="checkbox"/> Cognitive Based 12/4	<input type="checkbox"/> \$65	<input type="checkbox"/> \$55
<input type="checkbox"/> BOTH of the above	<input type="checkbox"/> \$115	<input type="checkbox"/> \$95

Print Information Clearly

Name _____

Street _____

City _____ State _____ Zip Code _____

Phone # _____ Email Address _____

Discipline _____ License # (SW, LMHC) _____

Employer _____

To Pay by Credit Card

Master Card Visa AMEX

Credit Card Number _____

Security Code _____ Expiration Date _____

Name as it Appears on Card _____

Signature _____

To Register

Online: www.kidzconferenceservices.com with credit card
Phone: Credit card: 516-747-9030 x181
Mail: Check/credit card: Kidz Conference Services, 300 Garden City Plaza, Suite 350, Garden City, NY 11530
Info: Tesa @ 516-747-9030 x181 or kidzconferenceservices@kidztherapy.com

Refund Policy & Handling Fee

Refund requests must be received by mail/e-mail at **least 10 calendar days** prior to the conference date. There will be a handling fee of \$15 per workshop. This fee will be deducted for *all* cancellations